



Guild for Structural Integration (GSI) Practices and Procedures

As we return to training our objective is to continue GSI offerings with your health's priority in mind. Although the COVID crisis has redefined what it means to interact with one another, we have taken extra care not to minimize your educational experience while maximizing our attention to safety precautions that will allow us to continue our work and your training. Here are some things we are implementing to help keep you safe and to support you. The following protocols and procedures have been compiled using the [Guidelines for Practice](#) compiled by the Federation of State Massage Therapy Boards, the [Coronavirus.utah.gov](https://www.coronavirus.utah.gov) [School](#) and [Business](#) manuals and the [Center for Disease Control](#) (CDC). Each of the referenced websites is linked, please refer to them for more information and example scenarios.

Practices Within GSI Space:

- Upon entering the GSI space, hands must be sanitized or washed immediately, you must answer health-specific and Covid-relevant health questions, and you will have your temperature taken (If lower than 100.3 F, students will be allowed to enter. If higher than 100.4F, the student will not be allowed admittance per CDC guidelines)
- Masks are always required while in GSI space
- Additional cleaning protocols will be followed throughout GSI space to include the vacuuming and mopping of floors each day and the disinfecting of all surfaces, door handles, and common areas - wipes will be provided
- Each room will have a sanitary station complete with supplies
- We will all be responsible for sanitizing after ourselves (bathroom, kitchen, workstation, etc.)
- No outside shoes are to be worn in the classroom. Daily clean socks are required (consider grip socks). If shoes are a personal necessity, a designated, sanitized pair may be left in your personal cubby.
- [Molekule Air](#) filtration units equipped with PECO air purification technology are in the office and classroom spaces.
- Lecture classes will maintain social distancing. Once bodywork exchanges begin, class pods will be created to assist with this precaution

- We will go outside often and as much as possible. There is an outdoor park and eating areas that we can take advantage of until the weather changes
- All food will need to be consumed outside GSI space

As a Practitioner:

- Each practitioner is responsible for their model and treatment area.
- Practitioners and faculty must wear a vinyl apron that can be disinfected after each model/student interaction. Aprons will be provided. An alternative possibility will be to change clothing after each interaction
- The model will text the student when they arrive. Practitioner will meet models outside to ask them health questions and to take their temperature. Models will be allowed to enter GSI space if they answer the health questions as required and their temperature is lower than 100.3 F, per CDC guidelines
- Practitioner will then instruct model to wash/sanitize hands and then lead them to their clinic area
- If model needs to use the restroom, practitioner will sanitize restroom after their use
- Once session is complete and model is gone, practitioner will clean and sanitize all tables and floor
- A checklist will be provided.

We will review our procedures in detail the first day of class.

 **Contingency Plan:**

Our goal is to provide high quality training in the safest environment possible within our designated timeframe. In the event that a Covid-19 situation arises during our training, the Guild for Structural Integration is committed to continuing our work by following CDC and Utah government guidelines and FSMTB recommendations.

- Health screening and temperature checks will be our first line of defense against unintentional spread and our way of protecting all of us. If an individual answers a health screening question that indicates potential exposure, or their temperature is higher than the CDC 100.4F, they will not be allowed to enter GSI space and the need for contact tracing will be assessed
- If an individual or individuals require quarantine, efforts will be made to provide live/recorded zoom class time when applicable
- Make up class times and sessions will be scheduled during weekends (Friday, Saturday and/or Sunday). Please remain open and flexible with your time commitments
- We will make every attempt to complete training within the allotted time frame however additional days may be needed at the end of class for makeup.

With the possibility of infinite variables for the current situation, each individual circumstance will require a unique plan. GSI faculty and staff will make every effort to respond with the interest of everyone's safety and education as the priority.

Please complete and sign the Covid GSI Student Contract attached.